



Beacon Hill Country Park

Upper Car Park - Beacon Road, LE12 8SP

Lower Car Park - Breakback Road, LE12 8TA

Overflow Car Park - Breakback Road, LE12 8TA

Woodhouse Eaves, Loughborough, Leicestershire

Gates open - 5pm

Race briefing - 7:10pm

CaniCross start - 7:20pm

Main race start - 7:30pm

Park closes - 10:30pm

The race is full to capacity ... No on-the-day entries

Transfers are permitted upto 14/06/19

No Deferrals – No Refunds



Race Information

Beacon Solstice Run | 21st June 2019

**** PARKING ****

In order to restrict unnecessary queuing on the surrounding roads, we have agreed with LCC that we can use the lower car park side gates, to bypass the barrier system. This year, parking fees are included within your race entry.

The park is currently building a new Cafe at the lower event field which is due to be open in July. As a consequence, part of the lower event field is cordoned off, as is a section of the lower car park. This means that we have reduced parking at Beacon Hill.

With reduced parking and increased numbers of runners, we kindly request that entrant's car share wherever possible.

We strongly advise car sharing
Please do not park on the surrounding roads

Once the lower car park is full, it will be closed and those arriving afterwards will be diverted to the over-flow car park (the farmers field as used in 2018). Using the overflow & upper car parks will ease congestion.

Please arrive from 5pm following the event signs. If you arrive outside of these times, normal parking fees apply.

Please park **'very snugly'** to the vehicle next to you in order to maximise available space.

Car park capacity

- Lower car park : 125 vehicles
- Upper car park : 250 vehicles : 10-15 minute walk to the start
- Overflow car park : 150 vehicles : 5 minute walk to the start
(overflow parking is on a grassed field, with kind permission of the Richardson family)
- Broombriggs Pay & Display : 10 vehicles : 5 minute walk to the start

Exiting the Park

There has been some confusion in previous years as to which exit to use and we've been asked by LCC to clarify. Put simply, please exit the way that you entered – please do not try to exit via the main barrier system if you did not enter that way.



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RACE NUMBERS & CHIPS

Please collect your own number (*and pre-ordered t-shirts*) in good time ready for the pre-race briefing at 7:10pm sharp. Our registration desk will have a full list of entrants.

Race numbers must be displayed/pinned on your front for the duration of the race. Timing chips are pre-attached to the rear of your number.

PLEASE DO NOT run in someone else's number. There's plenty of opportunity to transfer in advance (upto 14/06/19). Any runner doing so risks causing significant issues with the event, risks their own safety (our event insurance will not be covered), and you will be disqualified.

Please do not remove, tamper or damage timing chip

MEDICAL / CONTACT DETAILS

After collecting your number, please ensure that you complete the medical form on the rear of your race number – this will be used in case of medical or emergency situations.

FIRST AID

Medical crews from SNP First Aid will be situated at the finish area and also at the top car park.

WATER

Bottled water will be available at 2 miles and at the finish (inside your goody bag). We recommend that you bring & carry additional fluids as you deem appropriate. Please dispose of used bottles in the large sacks provided.

Water for our 4-legged friends will be in bowls at every mile (approx) and the finish. A water splash will be available at the finish to cool their paws! Please bring & carry supplementary water as you deem necessary.

BAGGAGE

There is no secure bag store on site, but bags may be left in the Race HQ tent at the owners' risk.

KEYS

If you wish to leave your car keys with a race official, please drop them into an envelope at the registration desk (at the owners' risk). Your race number must be written on the envelope. Your race number must be presented to return keys.

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TOILETS

The Beacon Hill toilets will be open at the lower & upper car parks. Portaloo's will also be available adjacent to the lower car park.

REFRESHMENTS

The good people at Cafe2U will be at Race HQ event field with a selection of hot & cold drinks and tasty nibble too. And new for 2019, the Wolf Hut will be serving hot food.

In accordance with current LCC rules, BBQ's are not permitted on site, but please do bring along a picnic or try the Wolf Hut !

CANICROSS

**** You and you alone are responsible for your dog and its actions - please respect other entrants, park users and other dogs ****

CaniCross runners shall start at 7:20pm, 10 minutes before the main race. Dogs must be over 2 years old, fit, healthy & capable of completing the distance. Your line (whether a CaniCross line or a lead) must not have a metal snap or loop on the handle.

THE ROUTE

The 5-mile route takes you through the beautiful scenery of the Beacon Hill Park and includes a couple of hills, woods, fantastic views and a fast 1-mile downhill stretch to the finish. The route is run on the designated mountain bike/horse/walker trails within the park.

The route will be clearly marked with red/white tape and arrow boards on major turns & junctions.

Beacon Hill Country Park is open to the general public and we are guests – we do not have exclusive use and we do not have right of way. All efforts have been made to provide advance notice of the event, please be respectful to other park users.

MARSHALS

There will be race marshals around the course, mainly on main turns, path crossings & gates. Please take directions from them as necessary. Marshals are all volunteers, please show them your appreciation!!

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LITTER

Please do not litter and spoil this wonderful Country Park - please take your rubbish home with you.

THE FINISH

Please stay in single file at the finish funnel and do not queue jump! You will then be presented with your amazing medal and goody bag 😊.

**** NO NUMBER – NO GOODIES ****

PRIZES

Trophies and cash prizes will be presented to :

- 1st, 2nd & 3rd runners (M/F)
- 1st V40 / V50 / V60 (M/F)
- 1st CaniCross (M/F)

(No entrant may win more than one prize)

Course record (male & female) prizes will also be available.

- Male : Tony Woodward – 27:38 (2017)
- Female : Lucy Crookes – 32:26 (2013)
- CaniCross (M) : Chris Antcliff – 30:31 (2015)
- CaniCross (F) : Sarah Johnson – 37:42 (2018)

RESULTS

A full set of results will be post on our website on Saturday 22nd June.

QUERIES OR QUESTIONS?

If you have any questions or comments, please email info@jackrabbitevents.co.uk
or call Andy : 07950 397 021

AND FINALLY, ...

We know that there are a huge number of races to choose from, so JackRabbit would like to sincerely thank you for choosing the 2019 Beacon Solstice Run.

Most of all, stay safe & have fun !!

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Everards

of LEICESTERSHIRE



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